

What Is Lemuria?

During the past year we have witnessed and experienced an exponentially growing interest in Lemuria and within the past few weeks even more so. Information and experiences with the Lemurian energy have been presented to us by numerous individuals visiting Angel Valley.

There are many books, articles on the Internet, and clips on YouTube, giving different perspectives. All are attempting to answer the question: What was and what Is Lemuria?

Here is a link that shares a perspective that resonates with me:

<http://www.starlightspiritualhealing.com/WhatisLemuria.html>

My personal focus is to discover what does Lemuria, of another time and space, represent? And how can that information, that focus, that awareness, that Love be used today as a new Lemuria, a NuLEMURIA here in Angel Valley.

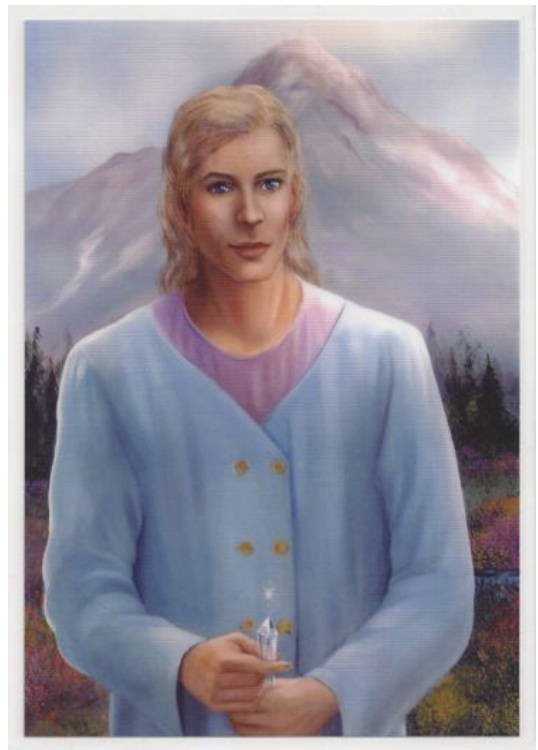
I was prompted to read and meditate upon the messages and information contained within the books:

1. Telos, channeled and written by Aurelia Louise Jones, Vol 1, 2 and 3
2. Telos, channeled and written by Dianne Robbins

I give the authors of these books the full credit and acknowledgement, and my gratitude for bringing forth information from Telos, a 5th dimensional, Lemurian subterranean city beneath Mount Shasta. I invite you to read these books and any other books that relate to Telos or the Lemurian civilization.

Much of the following writings are quoted from these books and are based upon the principles and beliefs given via channelings by Adama, High Priest of Telos.

I have been exploring and discovering their importance and relevance in my life. I invite you, the reader, to Listen To Your Heart, to work with what resonates for you and let the rest go. Feel free to call me delusional, as I once called the two beautiful Lemurian beings from Telos that I met in 1992.



'The Fifth Dimension is not as much a place you go to, but rather a State of Being, and a Vibration Represented by the Energies of Love, Trust, Compassion, Faith, Grace, and Pure Gratitude!'

'What needs to be done to ascend to the Fifth Dimension?

Ascension is nothing more than awakening to the truth of Your Divine GOD Self within this dimension.'

'Before unity consciousness of the Fifth Dimension can be fully integrated globally, the work must be done first on an individual basis by each one of you. Each person must walk their own unique journey to the end; no one else can do this for you.'

'You have performed rituals and initiations as rites of passage to higher realms of being. We say to you that the rites and rituals, the rules and mystery schools, the codes and secrets are now complete.

The answers you seek reside within you! The only spiritual practice needed now is one that awakens you to this truth.'

'In Telos and all Lemurian Communities of this dimension we all affirm daily our choice to be awake and in communion with Source. It is this choice that manifests our paradise. Our world is as we create it, instant by instant!'

'We cannot teach you how to be compassionate with yourself, but we can show you how to 'Want' to be compassionate with yourself.

For this 'Want' is in itself the one true question that all in the universe offer support to answer.

This 'want' or desire is itself a force, a tool of mastery, and a tool of the awakened human being.

This 'want' is the voice of a human heart that recognizes, after many dark nights of the soul, that it can question, in a loving way, everything that it has ever known and been taught to believe is true.

This 'want' is not compelled by a need, and it is not a desire for something that is missing. Instead, it is a knowing that everything is already here, and you must simply give it form. It is the compassion to allow all the other possibilities of creation the human mind has not yet awakened to.'

'We, Lenurians, stand on the other side of that deep rushing stream which represents all that you 'THINK YOU KNOW AND BELIEVE' about yourselves, calling to you from our Hearts with a sweet song, a sweet frequency. We offer our love to help you awaken with the energy to leap over those churning waters without a thought, and we will be there to catch you on the other side as you land on the shore of 'UNKNOWING'!'

'Mastery does not mean 'knowing' everything as some of you may believe. Life is a continuous process of unfolding. The Creator exists in a perpetual state of creation and so do you.

Mastery involves 'knowing' in the moment only that which is appropriate for that moment.'

'Understand that there are Preparations and Purifications of Consciousness that must take place. A Self-Regulating Government, with Self-Regulating People, must be formed on the Basics of Justice and Equality for ALL of Life.'

'In Telos we have Perpetual Peace and Prosperity, Immortality and Perfect Health. We all are living with GOD'S Light and GOD'S Divine Code of Ethics. We see the Light in All Diversity, and knowing the past explains the present and enlightens the future.'

'All Life needs Peace for evolvment to take place!'

The following concepts have come from my personal experiences, beliefs, knowing, and imaginings, and are the essence of the experiential vision I received from Archangel Michael in 2008.

A Lemurian, 5th Dimensional Community is a place:

Where Everyone Realizes they Create Their Own Reality!

Where Everyone Listens to Their Heart!

Where Everyone Loves Themselves and All Others!

Where Everyone is Acting on their Excitement and their Joy!

Where Everyone is Doing What They Love Doing!

Where Everyone is Being Their True Natural Self!

Where Everyone is Working Together!

Where Everyone is a Co-Stewarding from a State of Equality!

Where Money is Experienced as a Tool in Sharing, in Exchanging Goods and Services with a Conscious Stewardship!

Where Angels, ET Beings, Angelic Star Beings, Earth Elementals, Animals, and Humans Dance, Sing, Work and Play Together!

Where Soul Families and Friends Explore and Discover their True Essence and their True Divinity!

Because everything is Here and Now, this New Paradigm Exists NOW – Angel Valley is NuLEMURIA!

NuLEMURIA Invites YOU to Experience the PEACE and the LOVE emanating from the Land at Angel Valley!